

## Migration Health Assessments for United Kingdom-Bound Migrants

All applicants who are planning to stay in the United Kingdom for 6 months or longer, and who are living in or have travelled to a country with high TB burden within the last six months, are required to undergo a migration health assessment to screen for tuberculosis (TB) as part of their visa application process for the United Kingdom. In this document, you will find important information related to your upcoming migration health assessment at IOM's Migration Health Assessment Centre in Kassala, Sudan.

You will also be able to download this document at the end of the appointment-making process.

### IOM Kassala MHD Contact Information

**Address:** Kassala, House No. 84, Block No. 20, Al- Thawra.

**Phone Numbers:** +249 922505333, +249 922408777

**Opening Hours:** Sundays to Thursdays 08:00 AM - 04:00 PM except IOM/National holidays.

**Email address:** [Sudanuktb@iom.int](mailto:Sudanuktb@iom.int) or [krtmhd@iom.int](mailto:krtmhd@iom.int)

### What Should I Expect at my Appointment?

The scope of the migration health assessment varies depending on factors such as your visa category, age, gender and current health status. The list below shows some of the procedures that you or your family (if they are applying to migrate with you to the United Kingdom) might receive:

- Registration.
- Counselling to explain the health assessment process (at the end of the counselling you will sign an informed consent form).
- Medical examination, which may include the following:
  - A review of your medical history and current symptoms.
  - A physical examination, where clinically indicated.
  - A chest X-ray.
- Clearance certificate (if all tests are normal, the Certificate will be issued the same or the next day).

### Breakdown of Migration Health Assessment Procedures, by Age of Applicant:

Below the Age of 11 Years*	11 Years and Above
<ul style="list-style-type: none"> <li>- Medical history and current symptoms</li> <li>- Physical examination</li> </ul>	<ul style="list-style-type: none"> <li>- Medical history and current symptoms</li> <li>- Physical examination, if clinically indicated</li> <li>- Chest X-ray</li> </ul>

*All basic requirements are done on the same day, during the same appointment.*

*\*Children under the age of 11 years may be requested to undergo chest X-ray, if clinically indicated*

## Important Notes

### Minors:

Applicants under the age of 18 must be accompanied by a **parent or guardian** who can provide consent and make decisions on their behalf.



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### Pregnancy:

- Women of child-bearing age may be requested to provide a urine sample to test for pregnancy before undergoing a chest X-ray. If you are pregnant and undergoing a migration health assessment, you may choose to: Proceed with the chest X-ray with a double leaded shielding to protect you and your unborn baby; or
- Opt for sputum testing, where you will be requested to provide a sputum sample on 3 consecutive days; or
- Wait to proceed with the migration health assessment until after giving birth.
- If you choose to proceed with the chest X-ray, you will be requested to sign an additional consent form.

### Tuberculosis:

TB is a contagious bacterial infection that is spread from person to person through tiny droplets in the air. TB can be either:

- (1) **Latent TB:** when you have the bacteria in your body, but you don't have any clinical manifestations. In order to diagnose latent TB, active TB should be ruled out.
- (2) **Active TB:** when you have the bacteria and have clinical, radiological or laboratory manifestations.

**You might be asked to undergo further testing if the doctor suspects you have active TB.** In such an event, you will be provided with additional counselling and more information during your appointment.

You will be requested to provide three (3) sputum samples over 3 consecutive days. These samples are then tested in a laboratory; **it can take up to 8-10 weeks to obtain a result.**

If you are required to complete this test, your health assessment certificate will be put on hold until the results are received. If you are found to have TB, you will need to successfully complete treatment before resuming the immigration process.

Good news! **TB is treatable** and most people can be cured at home with a few months of oral antibiotics.

## What Do I Need to Bring to My Appointment?

### Identification:

- Valid passport
- UNHCR/MHA registration documents for refugee applicants.
- Photo ID of the accompanying parent/guardian

### Medical Records:

- ▶ Any medical reports with previous chest X-rays, if available. This is especially important if you were diagnosed with and treated for tuberculosis at any point in life.



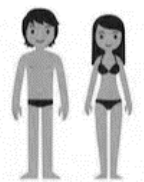
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#### Other:

- ▶ If you pre-paid for your migration health assessment, **please bring a hard copy of the proof of payment**
- ▶ Permanent and current address in the country of origin
- ▶ Full address in the United Kingdom, complete with phone number and postal code

#### Advice for the Migration Health Assessment

- ▶ For your physical examination, you will be asked to remove your clothes and will be provided with a medical gown, but **please keep your underwear on (see image at right)**.
- ▶ You **may request a chaperone** to be present at your physical examination.
- ▶ **Please do not conceal any medical conditions**; deliberate attempts to hide them will be reported to the UK immigration authorities.
- ▶ **Please do not conceal your pregnancy**; being pregnant will have no impact on your immigration prospects.
- ▶ **Please postpone or re-schedule your appointment if you or your child are ill** with a fever or have a rash.
- ▶ There is **no need to fast** prior to your appointment.



#### Migration Health Assessment Fees and Payment Information

##### Fees, by Age of Applicant:

Below the Age of 11 Years	11 Years and Above
USD 65	USD 130

*Additional fees may apply if other investigations are requested.*

##### How to Pay for the Migration Health Assessment:

- ▶ Payments should be made through bank deposit at the Bank of Khartoum on the day of the migration health assessment in Sudanese Pounds (SDG). Clients should consult the applicable IOM exchange rate provided by the registration staff.

Direct transfer from MBOK application is not accepted.

##### Bank Details for the IOM MHAC in Khartoum

Name of Bank:	Bank of Khartoum
Account Name:	International Organization for migration
Bank Address:	Khartoum, Manshiya Branch
Account Number:	0017-938-270102-01396901
SWIFT Code/BIC:	BAKHSDKH